

## Mother Goose Story Time

### Rhymes for Walkers

#### Grandma's Glasses

These are Grandma's glasses (*index finger and thumb form circle at eye*)  
This is Grandma's hat. (*fingertips together in peak over head*)  
This is the way she folds her hands (*fold hands and place on lap*)  
And lays them on her lap.

#### I Hear Thunder

I hear thunder, (*clap*) I hear thunder (*clap*)  
Hark, don't you? Hark, don't you? (*hand at ear, listening*)  
Pitter-patter raindrops, pitter-patter raindrops (*make rain with fingers*)  
I'm wet through. (*hug self*)  
So are you. (*point*)

#### Five Little Monkeys

Five little monkeys jumping on the bed. (*fingers extended, hand bobs up and down*)  
One fell off (*1 finger extended*) and bumped his head. (*hit head with hand*)  
Momma called the doctor (*dial phone*) and the doctor said (*hold phone to ear*)  
"No more monkeys jumping on the bed!" (*shake finger*)  
(*more verses, 4, 3, 2, 1*)

#### Head, Shoulders, Knees and Toes

(*touch body parts as indicated*)  
Head, shoulders, knees and toes,  
Knees and toes.  
Head, shoulders, knees and toes,  
Knees and toes.  
Eyes and ears and mouth and nose.  
Head, shoulders, knees and toes,  
Knees and toes.

#### Here is the Beehive

Here is the beehive (*make a fist*)  
But where are all the bees?  
Hidden away where nobody sees.  
Watch them come creeping out of their hive. (*extend fingers as you count*)  
1, 2, 3, 4, 5  
Bzzzzzzzzzzzzzz (*fly away*)

#### Tommy Thumbs Up

Tommy Thumbs up (*hands out, thumbs up*) and Tommy Thumbs down (*hands out, thumbs down*)  
Tommy Thumbs are dancing all around the town. (*dance arms*)  
Dance them on your shoulders, dance them on your head.  
Dance them on your knees then tuck them into bed. (*thumbs tickle opposite armpits*)  
(*Other verses: pointer fingers, finger family*)

#### "Thank you" Rhyme

Our hands say thank you (*hold hands up*) with a clap, clap, clap. (*clap*)  
Our feet say thank you (*point to feet*) with a tap, tap, tap. (*tap feet*)  
Clap, clap, clap, tap, tap, tap  
We roll our hands around (*roll hands*)  
And say "Good-bye" (*wave*)

#### Eensy, Weensy Spider

The eensy weensy spider went up the water spout. (*climb fingers up arm*)  
Down came the rain (*imitate rain*) and washed the spider out (*move arms*)  
Out came the sun (*arms in circle over head*) and dried up all the rain,  
and the eensy weensy spider went up the spout again. (*climb fingers*)

### **Here is a Bunny**

Here is a bunny with ears so funny  
(*fist with 2 fingers up straight*)  
And here is his hole in the ground.  
(*circle with fingers and thumb of other hand*)  
When a noise he hears, he pricks up  
his ears (*flick ears*)  
And jumps in his hole in the ground.  
(*put rabbit ears into hole*)

### **Five Bears in the Bed**

Five bears in the bed (*hold up 5 fingers*)  
And the little one said (*indicate thumb*)  
"I'm crowded, roll over."  
So they all rolled over (*roll arms*) and  
one fell out (*hold up 1 finger*)  
(*other verses: 4, 3, 2, 1; finish with "I'm lonesome"*)  
Then they all got back in bed and went  
to sleep.

### **Jack in the Box**

Jack in the box, you sit so still (*make a fist, thumb inside*)  
Will you come out? Yes, I will! (*thumb jumps out*)

### **Where is Thumbkin?**

Where is thumbkin, where is thumbkin?  
(*hold up one thumb*)  
Here I am, here I am. (*hold up second thumb*)  
How are you today sir? (*indicate 1<sup>st</sup>*)  
Very well, I thank you. (*indicate 2<sup>nd</sup>*)  
Run away (*1<sup>st</sup> behind back*) run away  
(*2<sup>nd</sup> behind back*)  
(*other verses: pointer, tall man, ring man, pinky*)

### **If Your Fingers**

If your fingers wiggle, (*wiggle fingers*) cross them one by one, (*fold hands*)  
Until they hug each other. It really is quite fun.

### **Clap your Hands**

(*do each activity in rhythm to the song*)  
Clap, clap, clap your hands,  
Clap them just like me.  
Clap, clap, clap your hands,  
Clap them just like me.  
(*other verses: touch your shoulders, tap your knees, shake your head*)

### **Five Little Rabbits**

Five little rabbits sitting by the door,  
(*hold up 5 fingers*)  
One hopped away and then there were  
four. (*hold up 4 fingers*)  
Refrain: Hop, hop, hop! See how they  
Run. Hop, hop, hop! Oh what fun!  
(*repeat after each verse*)  
Four little rabbits under a tree....  
Three little rabbits went to the zoo....  
Two little rabbits sleeping in the sun...  
One little rabbit left all alone.  
He hopped away and then there were  
none. (*hand behind back*)

### **I Put my Arms up High**

I put my arms up high (*arms over head*)  
I put my arms down low (*arms at side*)  
I make my arms so stiff (*arms straight out*)  
And then I let them go. (*drop arms down*)  
First I swing like this (*swing arms to right*)  
Then I swing like that (*swing arms to Left*)  
Then I make my arms so round (*make a circle*)  
And then I make them flat. (*drop arms to side*)